

The present invention provides an information update count managing method, including: a write step of writing pieces of information in a predetermined order in an information storage area including at least one WORD of a non-volatile memory, wherein information can be written to the non-volatile memory in a unit of WORDs, each WORD including a plurality of bits, and information can be erased from the non-volatile memory in a unit of sectors, each sector including a plurality of WORDs; and a read step of reading out the last piece of information which has been written in the information storage area within a predetermined permitted update count.








